

The Sandscript

The American Association of University Women




AAUW's mission is to advance equity for women and girls with the foundational belief that economic empowerment is essential for gender equity.

December 2025



NEXT UP! Our Holiday Luncheon

If you have not already done so, please contact Tammie **TODAY**  for your reservation by going to:

<https://www.signupgenius.com/go/70A0A44AEAB2DA2FF2-60066327-holiday>



The cost is \$39 per person (Includes appetizers, main entree, dessert and drink, plus gratuity-wow! What a bargain! 😊)



You need to pick your entrée and dessert



Adult beverages are not included in the \$39 price, but they are available!



All payments must be mailed to Tammie by December 1, 2025.

- 1010 Barnacle Court, Virginia Beach ,VA 2345.



Please note: Reservations are considered to a confirmation you are definitely attending the event

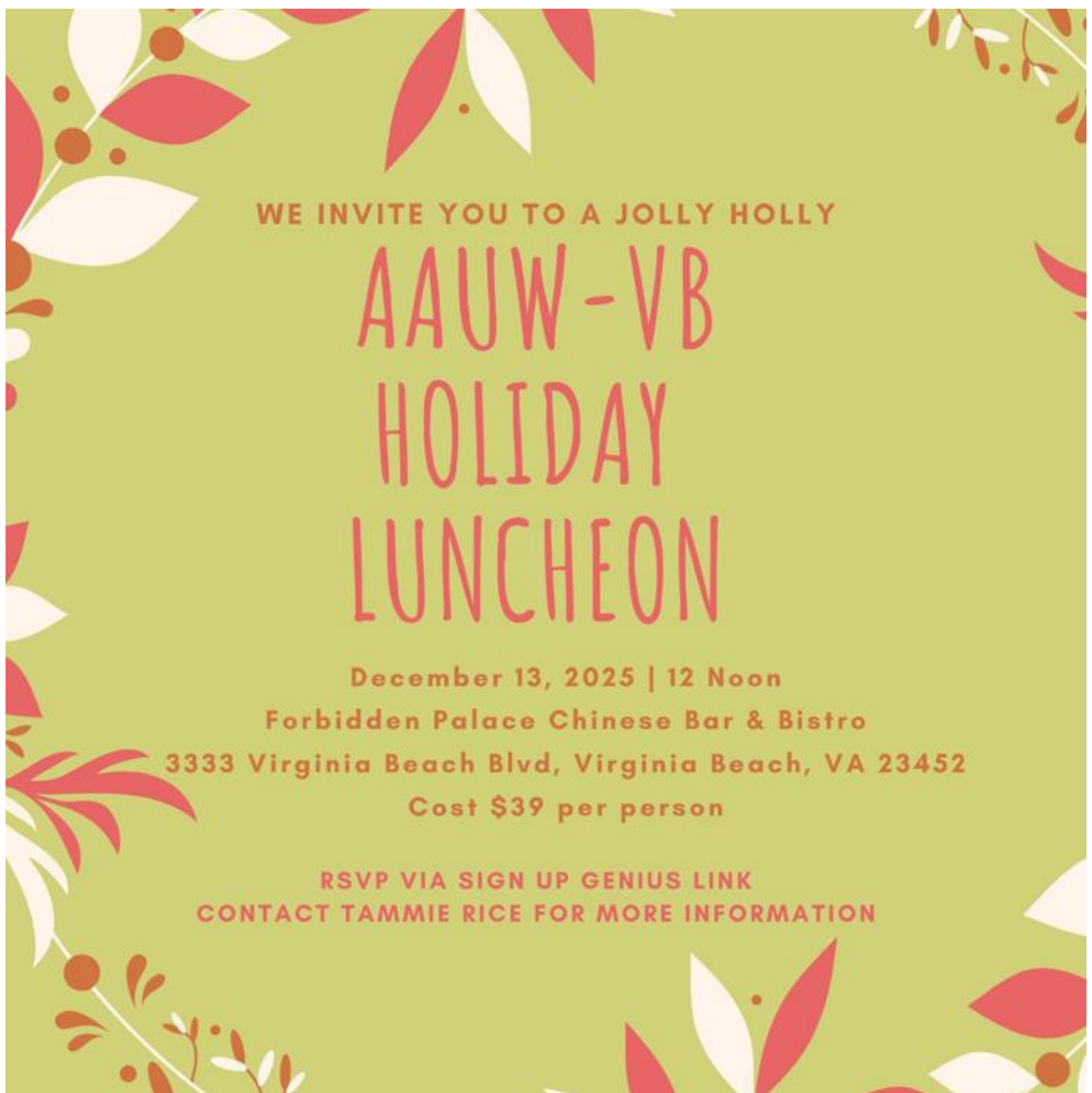


For alternative payment options ,please contact
Tammieaauw@gmail.com



Be sure to bring \$ for the basket auction!





President's Message



Season's Greetings! If this holiday season gets any more hectic than the last couple of months, I don't know what I'll do! After a very busy start to the fall, we concluded with voter education about the 10-1 referendum. With the League of Women Voters, we answered questions about the referendum from people who during early voting. Jeanette and I, who

participated in this activity, have great stories about helping voters understand the referendum. And, of course, it passed! Yea us!

After all of this work, it is time for celebration. I hope that all of you will come to our holiday luncheon. This is so much more than just a lunch! We get to meet each other socially (and we are all pretty nice to know) AND support our scholarships with our basket auction! Thank you, Tammie, for organizing this fun time once again!

I do hope that we all find a little peace during this dark time of the year. Take a moment or two for yourself. Count your blessings. When I count mine, each of you makes the list! Happy whatever holiday you choose to celebrate!!!

Sally Daniel 
President, Virginia Beach AAUW



Looking for a great Christmas Present for YOU??? Shop for the Holiday AAUW Merchandise for Sale !

Look no further than our very own AAUW t-shirts! Really, there's a style for everyone. They are beautiful (thank you, Jeanette for getting the perfect graphic) and they let you sport what you support! They come in all sorts of colors. Every time Sally D. wears her shirt, someone asking about AAUW!

Look at these women rocking our shirts! Click [here](#) or scan the bar code to order buy your shirt, including other AAUW merchandise that you can check out.

The holiday is right around the corner, why wait to shop? Please keep in mind when ordering that there are items that are Unisex, and these items are going to be larger and boxier than a woman's style.

When you wear or use these branded items, you show your support for and spread awareness of AAUW's mission.



Every purchase you make goes directly to the AAUW Greatest Needs Fund which provides resources, support, and opportunities for women and girls.

And you have a choice of long sleeve or short sleeve with a choice of colors! Don't miss the exuberant joy of sporting your AAUW love and support

Literary Lunchers Book Group



The Literary Lunchers Book Group (LLBG) reads a book a month from September – May. In June, we choose the books for the next year.

The meetings are generally held at members' homes on the second Wednesday of the month at 12:30p.m.

Want to check us out, but have no time to read the book? That's fine, we don't really care if you've read the book. 😊



Please notify Jacque Dessino via email at jdessino@mmdva.com or call (757) 630-9276, if you plan to attend any meetings or events or just want to be added to the list for information about the book group.

Here's the list of meetings for the fall. *All meetings are 12:30p.m. unless notified differently:*

- **December 10:** Lunch get-together. No book (Jacque for details)
- **January 14, 2026:** Magnolia Place by Fiona Davis



Adelante Book Group Meeting



Date: December 3, 2025



Book: [The Lacuna by Barbara Kingsolver](#)



For more information about the book group and details about the meeting, please email Dana Henning danahenning0@gmail.com

Membership Matters

AAUW's 2025 Strategic Plan: Empowering Equity Through Education



AAUW's [2025 Strategic Plan](#) is a bold blueprint reaffirming our commitment to advancing equity for women and girls through higher education and inclusive policy advocacy.

Note Our Meeting Zoom Information for All Meetings



To attend ANY of our “zoom meetings,” go to

<https://us02web.zoom.us/j/84560350908?pwd=dGJ1h916dooBrsEKdaEyZASaHsk9pF.1>



Meeting ID: 845 6035 0908 **Passcode:** 601019

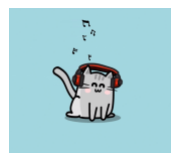
VA Beach AAUW Welcomes Three New Members!



Chris Anderson is one of the three presidents of the local League of Women Voters chapters. But she is so much more! Chris earned her B.A. from *Stephens College* in Columbia, MO. Her graduate-level coursework includes theological studies at *Wesley Theological Seminary*, play and script writing classes at *American University* and completion of a graduate certificate in Arts Entrepreneurship from *George Mason University*.

She is a singer/songwriter/playwright who began playing guitar in Northern Virginia clubs in the 1980's, spent over a decade playing in Northern Virginia church bands, and was a founding member of Americana trio *Ladies Done Waiting*.

Elisa Dickon is another musician although she says that she has retired. She received a MA in Harp Performance from the Cleveland Institute of Music and has played the harp in many venues. She received a second master's degree –one in Education—from ODU. (She has retired from teaching, too). Elisa also cited the social justice work that AAUW has done throughout the years as the reason for her joining. She is very active in the community—trying to help those in need.



Martha Shore earned a BS in Biology at the University of Tennessee (Martin). As a Navy wife, she has lived in many places but now calls Hampton Roads “home.” She retired as a Human Resource Manager and Fleet and Family Support Center and is able to use her skills of human interaction – often by saying such things as “help me understand why you feel that way.” She is an activist and a hard worker—serving as the Sous Chef each month for a program to provide free dinners for those in need. When asked why she wanted to join AAUW, she said that she wants to belong to a



group so she can focus on activities which make this world a better place. She has already “put her toe in” by going to Movie Sisters.

Chris, Elisa and Martha-we are so glad you joined us!!

NOTE OUR MEETING SCHEDULE FOR THE YEAR



Thursday, January 15, 2026

- Zoom meeting at 7pm



Saturday, February 2, 2026

- In person meeting at 2pm-4pm



Thursday, March 19, 2026

- Zoom meeting at 7pm



Saturday, April 25, 2026

- In person meeting at 2pm



No meeting in May, but the Spring banquet is on May 16, 2026

Activities for the New Year!

🌸 February 5, 2026: Lobby Day at the State Capital.



Remind our delegates that women and girls matter! Since this starts early, Sally has reserved a room for the night before. Does anyone want to share?

🌸 March 15, 2026: (Tentative): [Little Theater of Virginia Beach](#)

❖ Outing to see the play, *DOUBT: A Parable*



This play was the recipient of the 2005 Tony Award® for Best Play and winner of the Pulitzer Prize for Drama. In this brilliant and powerful drama, Sister Aloysius, a Bronx school principal, takes matters into her own hands when she suspects the young Father Flynn of improper relations with one of the male students.



Location Address: 550 Barberton Dr, Virginia Beach, VA 23451

🌸 April 18, 2026: AAUW Virginia State Conference



The theme for the conference is On the Front Lines: Defending Education and Equity for Girls.



Location: [Drury Plaza Hotel Richmond](#)

❖ 1049 West Broad Street, Glen Allen, VA.

🌸 April 25, 2026: Because of the State Conference, we are moving our April meeting to this date.

VB AAUW Bakers Corner

Hey AAUW Members-do you have a family recipe or even recipe LOVE that you'd like to share? Or better yet, do you have your own creative recipe that "hands down" has family members literally, "kicking and screaming" asking you, "How do you make that?" or fighting for the last piece? Here is your chance to share with your AAUW Sisters!



And now to kick-off the holiday season, here is my Kentucky Pound Cake recipe! I got this years ago, don't remember from where, but totally awesome and... I only use Jim Beam Bourbon ☺

Kentucky Pound Cake

- Flour: 3 cups all-purpose flour (or cake flour)
- Sugar: 1 ½ cups granulated sugar and ½ cup packed light brown sugar
- Butter: 1 cup (2 sticks) unsalted butter, softened
- Eggs: 4 large eggs, room temperature
- Buttermilk: 1 cup buttermilk, room temperature
- Jim Beam Bourbon: ¼ cup bourbon for the cake batter
- Baking Powder: 1 tsp baking powder
- Baking Soda: ½ tsp baking soda
- Salt: 1 tsp salt
- Vanilla Extract: 1-2 tsp

Bourbon Glaze Ingredients

- Butter: 6 Tbsp unsalted butter
- Sugar: ¾ cup granulated sugar
- Jim Beam Bourbon: ¼ cup bourbon
- Water/Milk: 2-3 Tbsp water or a small amount of milk
- Vanilla: 1 tsp vanilla extract

Preheat oven to 325°F (163°C). Generously grease and flour a 10-inch Bundt or tube pan.

Mix dry ingredients: In a medium bowl, whisk together the flour, baking powder, baking soda, and salt.



Mix wet ingredients: In a large bowl, cream the softened butter and both sugars until light and fluffy. Beat in the eggs one at a time, followed by the vanilla extract.

Combine: In a small bowl or measuring cup, combine the buttermilk and the $\frac{1}{4}$ cup of Jim Beam bourbon. Gradually add the flour mixture to the creamed butter mixture, alternating with the buttermilk-bourbon mixture, beginning and ending with the flour mixture. Mix until just combined.

Bake: Pour the batter into the prepared pan and bake for 55-70 minutes, or until a toothpick inserted comes out clean.

Make Glaze: While the cake is baking, combine the glaze ingredients in a small saucepan over low heat just until the butter melts and the sugar dissolves. Do not boil.

Glaze the warm cake: Remove the cake from the oven and let it cool in the pan for about 10-15 minutes. Poke holes all over the top with a skewer. Slowly pour about three-quarters of the warm glaze over the cake, allowing it to soak in.

Cool and Serve: Invert the cake onto a serving plate. Brush the remaining glaze over the top and sides. Allow the cake to cool completely before slicing.

Membership Renewals!

- ◇ Online: Click [HERE](#) to enter and confirm a new password and access your **Personal Snapshot**. *Click forgot password if you have never done this before.*



- ◇ In your **Personal Snapshot**, click the **RENEW** button at the bottom of the screen to update your profile and renew your *AAUW NATIONAL*, *BRANCH* and *STATE* memberships!

- ◇ Please send a check to Tammie Mullins Rice
(payable to AAUW Virginia Beach!)



1010 Barnacle Court, Virginia Beach, VA 23451



If you have any issues or question about renewal, please call Tammie (757) 630-7097 or email her Tammieammieaauw@gmail.com

A Note from Chris Medlin Regarding Books for Reach



Think about taking a clear Autumn day and check out your local book exchange or thrift stores. The bargains are terrific on gently used books for kids that we donate to the [REACH program](#).

Tell your friends about the project and enlist their help. For as little as the price of a sandwich you can help circulate books with all kinds of themes, especially DEI, into the hands of children hungry to read. You can also write Chris a check in any amount, and she will shop for you. No amount too small!

Another Way To Help

Pennies for Prescriptions: Started in 2003, this all-time favorite project has gleaned thousands of dollars of medication support for local families, many of who are headed by single mothers.

We are currently working with People In Need Ministries (PIN) to collect spare change to contribute to this worthy project. Because we no longer mint pennies we are the name of this effort is being changed to “Change for Change.”

Thank you for your continuing generosity! 🐙



Got Any Free Time to Spare? Want to Make a Difference?



Hospitality: We all expect to have something munchy and something to drink at our in-person meetings. We need to have someone coordinate this function. You may supply the snacks OR pass a sign-up sheet around to have people volunteer to bring either snacks or drinks to the next in-person meeting. Then, you have to call your volunteers a couple of days before the meeting to remind them what they volunteered to bring.

New Activities Instigator: What do you wish our Branch would do? What about a dining out club? Every month, you could pick a (woman-owned?) restaurant and invite your AAUW sisters to dine together or create a games night or whatever you want.

To volunteer for any of these fun positions, please talk to Sally Daniel!

Happy Birthday! We're Glad You Were Born!!



Chris Anderson: December 10



Janet Earnest: January 1



Inez Jones: January 8



Chris Medlin: January 8



Sally Pattison-Cisna: January

12



Martha Shore: January 12



Dottie Holtz: January 20

Purpose of the AAUW

AAUW's mission to advance equity for women and girls hinges on the foundational belief that economic empowerment is essential for gender equity. Supporting women in higher education is crucial to this mission because it serves as a key pathway to economic security and upward mobility.

We believe that higher education is a key driver to achieving economic prosperity



We believe economies thrive when all women are empowered and educated

We believe in equitable access to higher education that is diverse and inclusive, and free of harassment and discrimination that could hinder the advancement of women

We believe women deserve the opportunity to pursue and thrive in any career they choose



We believe working women deserve equitable access and advancement in their careers, free from harassment and discrimination, with equity of pay, greater access to

quality & affordable dependent care, paid family, medical, & sick leave, and a full range of reproductive health care services, to ensure economic security

We believe in the dignity of all women – inclusive of the backgrounds they represent, including race, ethnicity, age, socioeconomic status, religious

beliefs, disability, gender identity and sexual orientation, and geographic location – and value their equitable participation in education, the workforce, and policy decisions

We empower potential.

EDITOR'S CORNER

See information missing from this newsletter? An error? Any aspect of this newsletter that has made you so unhappy you want to throw marshmallows at my feet? If so, reach out to me for corrections. My intent is to make this newsletter enjoyable to read and promote AAUW mission.



Deadline for submissions: 2nd Thursday of the month. My intent is to distribute the newsletter on the 1st of each month. Reminder: The later items are sent in for the newsletter, the later it goes out! 🍷

Got submissions for the newsletter? Please send directly to me
kanderson06@live.com



Have a better than good day! 😊

Kim Renay Anderson
Sandscript Editor

Virginia Beach Branch Board

July 1, 2025 - June 30, 2026

Elected Officers

President	Sally Daniel	swdaniel01@gmail.com	757-495-4349
Vice President	Dana Henning	danahenning0@gmail.com	401-662-6613
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Co-VPs for Membership	Jeanette Olson	Olsonje@verizon.net	757-663-8527
	Maria Kronenburg	makronstats@gmail.com	757-650-7112
Secretary	Kathleen Stasulis	stasuliss@hotmail.com	757-576-5485
Finance Officer	Tammie Mullins-Rice	tammieaauw@gmail.com	757-630-7097

Appointed Positions

AAUW Funds			
College-University Chair	Barbara Woodlee	barbarawoodlee@gmail.com	207-649-9711
Community Outreach Coordinators			
Pennies for Prescriptions Fundraiser	Toni Lohman	tlohman@verizon.net	757-636-5230
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