

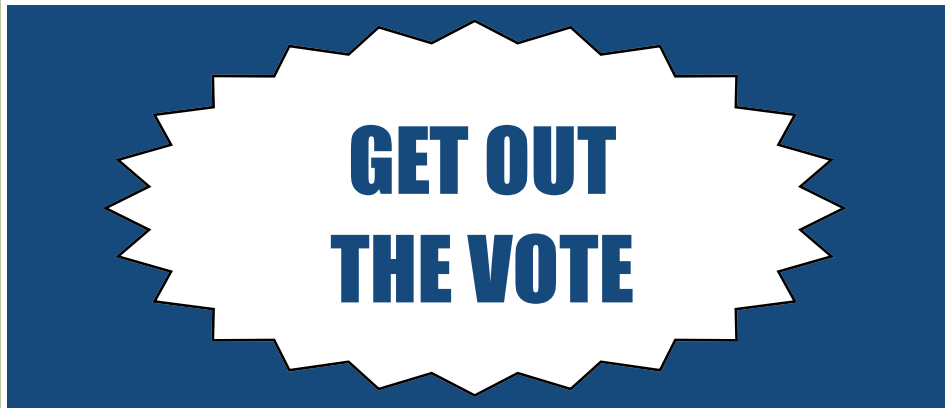
**AAUW** advances gender equity for women and girls through research, education, and advocacy. AAUW, founded in 1881, is open to all graduates who hold an associate or higher degree from a regionally accredited college or university.

In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, or socioeconomic status.

### In This Issue

Get Out the Vote	1
Pres/Admin Letter	2
Membership	3
Finance	3
Public Policy	4
DEIB	4
CU Partners	4
Fellowship and Grant Awardees	5
All-District Meeting	6
Bylaws and Resolutions	7
In Memoriam	7
State Named Honoree Program	8
Legacy Circle	8
Branches in Action	9-12
AAUW-VA Board of Directors	13
Branch Presidents	14
Calendar 2022-2023	15
AAUW-VA Conference 2023	18
Five-Star Program	Back Cover

A Publication of  
AAUW of Virginia  
Vol. 99 No. 1



**E**lection Day is November 8. While the 11 congressional races are taking center stage, numerous municipal elections are occurring as well. Prepare yourself by knowing who is on your ballot by checking out these links: <https://www.vote411.org/ballot> and [https://ballotpedia.org/Sample Ballot Lookup](https://ballotpedia.org/Sample_Ballot_Lookup). We have circulated and posted on our AAUW-VA website a hyperlinked flyer with key voting dates that we encourage you to share with friends and neighbors. Early voting began on September 23. If you have not already voted, please be sure to plan to do so. Legislation passed in recent years now provides Virginia voters with more ways to vote absentee or in person. While we want to get everyone who is eligible registered to vote, we should recognize that **this is the first election when Virginia has same-day voter registration**, permitting those who have not registered by election day an opportunity to cast a provisional vote that can be validated later. **That means we can all be encouraging others to register and/or vote right up through election day.**



We were overwhelmed with the commitments from our branches to participate in this year's **Reclaim Our Vote (ROV)** campaign, so much so that we had to seek additional funds to support our plan! **Our members have written more than 3,000 postcards to rural voters of color who had no other contact opportunities.** Postcard messages ask them to check their voter registration and pledge to vote and provide information on when and where they can vote. Let's all remember to do the same. Help yourself and others make a voting plan.

*Janine Greenwood/Denise Murden  
Co-Vice Presidents for Public Policy*

## AAUW of Virginia Elected Officers

- ◆ **President**  
Lane Stone
- ◆ **Vice President  
for Program**  
Nadine James
- ◆ **Vice President  
for Membership and  
Branch Development**  
Cheryl Spohnholtz
- ◆ **Vice President  
for Finance**  
Marsha Melkonian
- ◆ **Co-Vice Presidents for  
Public Policy**  
Janine Greenwood  
Denise Murden
- ◆ **Vice President for  
Communications**  
Dianne Mero
- ◆ **Co-Vice Presidents for  
Diversity, Equity and  
Inclusion**  
Krysta Jones  
Meg Tuccillo
- ◆ **Recording Secretary**  
Sherry Warren

[https://aauw-va.aauw.net/  
contact-us/](https://aauw-va.aauw.net/contact-us/)

<http://aauw-va.aauw.net/>

### VIRGINIA VISION

**Copy Editor:**  
Mary Anne Graham

**Layout Editor:**  
Bianca Daugherty



From your  
President  
and Administrator

### We convened our first board meeting and, good news, we didn't break the board.

Now here we are, penning our first *Vision* letter. Our message is simple, "Y'all means all." (Did we mention that we are both from Georgia?) We would like to challenge each of you to invite a friend, neighbor, or colleague to join your branch. Why? Because AAUW's work for gender equity and economic security for women makes the organization worthy of volunteers' time and talents; and because of what it says if you *do not* extend that invitation.

Below we share our individual experiences of being asked to join, or not. We'd love to hear yours.

*From Lane:*

*We lived in New Jersey from 1998 until 2003. I don't remember now how I heard about it, but the local AAUW branch had a feminist book club, which I started attending. Several times, I would ask if I needed to join. I was always told that I didn't have to be a member to come to the book group. I would have joined if I'd been asked. But I wasn't, so I didn't.*

*From Sarita:*

*I was invited to a new member dinner by my colleague, Dr. Joy Hendrickson. I was new to the Hampton Roads area, so I jumped at the chance to attend. I found the women to be so warm and welcoming. They asked me to join, and I did at the next meeting. I am so thankful to Dr. Hendrickson and the women of the Hampton Branch for giving me a community.*

We would love to meet you in person. The Southeast District has begun planning the 2023 conference, but let's not wait that long. Please invite us to visit you! Just email Lane at [LaneStoneAAUWVA@gmail.com](mailto:LaneStoneAAUWVA@gmail.com) and we can talk dates.

*(Continued on page 3)*

### District Representatives

#### Northern

Susan Burk  
Leslie Tourigny

#### Northwest

Laura Wimmer

#### Southeast

Tammie Mullins-  
Rice

#### Southwest

Anita Aymer

*From your President and Administrator (Continued from page 2)*

You may be curious about our different titles. Quite simply, we function like co-presidents. The job will take two women. (Even if **Leslie Tourigny** and **Suzanne Rothwell** hadn't left us massive shoes to fill!) Then there's the fact that we both work full-time and then some. We will count on your support as we move forward, and we will always appreciate you.

We kicked off the board meeting with a get-to-know-you exercise. We all completed this sentence: "If supporting \_\_\_\_\_ burns bridges, I brought matches. We ride at dawn." Daily, we see education used as a political weapon, and women's rights are under assault. This is no time for half measures. It is a time for us to stand together. We are so honored to stand with the members of AAUW-VA.

*Lane Stone  
Sarita McCoy Gregory*

## Membership



### Ready for a New Membership Year

I love fall! It's a time when students are back to school and the weather starts to change. It's also when AAUW branches usually begin their new year. **Our membership year goes from 1 July – 30 June**, so if you haven't renewed your membership yet, don't wait any longer! With the new Community Hub, it is simple to renew. If you're not comfortable renewing online, be sure to contact your membership VP or finance VP to assist you. I am always available to help!

Those of you who work with branch rosters may have noticed names on your roster that do not belong to your branch. These are state leaders (president/administrator, finance, and membership) that were added to the branch rosters to allow them to see your branch information. **Please keep these names on your roster!**

The **Shape the Future** membership campaign is a tool that branches can use to recruit and retain members. **With this campaign, branches can offer 50% off national dues when prospective members join AAUW at an event or meeting.** Branches also earn one free national membership for every two new members they recruit, with a maximum of three free memberships annually. The old Give a Grad a Gift program has been discontinued, but graduates can still get a discount on national membership by joining at a branch event and taking advantage of the Shape the Future discount.

*Cheryl Spohnholtz  
Vice President for Membership*

## Finance

### AAUW-VA 2022-2023 Budget

The budget for 2022-2023 was approved with minor changes at the summer 2022 board meeting.

The opening checking account balance was \$46,241.74.

The predicted/budgeted income from dues and checking account interest is \$13,500.

The projected disbursements including board meetings and travel, programs, insurance, and newsletters are \$12,865. We have cut expenses such as the state board meeting in person and other expenses to make the budget balance. As the year goes on, we will make decisions about donations to National and other areas depending on income.

If you would like more information, or a detailed budget, please email me at [marshamelkaauwatgmail.com](mailto:marshamelkaauwatgmail.com).

*Marsha Melkonian  
Vice President for Finance*



## Public Policy



## UPDATE

Our members have continued to support our public policy efforts in so many ways. Branches committed to writing 3,000 postcards to Virginia voters of color to encourage them to turn out for the November 8 elections, some branches are holding voter registration drives, and many of you continue to collaborate with us as we plan for the next Virginia General Assembly session that begins on January 12. We held Public Policy Zoom meetings in June and September when we discussed our 2023 legislative and policy agenda and discussed strategies to remain nonpartisan in a partisan world. While a divided Virginia General Assembly, with Democrats in control of the Senate and Republicans of the House, presents a challenge in developing and passing new legislation, AAUW-VA will focus on protecting the right to abortion, eliminating sexism and racism through legislative and regulatory changes, making high-quality childcare more affordable and available, ensuring full funding for public schools, protecting LGBTQ students, and supporting public school teachers. **We plan to hold a Lobby Day in Richmond on January 19 and will hold a Women Legislators Reception on the evening of January 18.** More details to come, but we hope many of you will mark your calendars now to attend.

*Janine Greenwood/Denise Murden  
Co-Vice Presidents for Public Policy*

## Diversity, Equity and Inclusion (DEI)

### Belonging

We are looking ahead to a meaningful year and are grateful to DEI contacts in our branches across the state for agreeing to help keep these valuable issues in the forefront of all our work. As we have said, it will be a great day when there isn't a need for DEI points of contact because everything we (and all humans) do is imbedded in the belief that diversity, equity, and inclusion are core to our existence!!!

We look forward to meeting virtually with the state DEI contacts this fall to hear about your plans for the year, your branches' efforts to incorporate DEI in your work, and resources folks have found useful.

One thing we want to share with you all as we begin the work of 2022-23 is to recognize that, in addition to

valuing and building on diversity, equity, and inclusion, we can go a step further and include the concept of belonging in our focus. In addition to the overarching issue of equity, authors **Liz Fosselien** and **Mollie West Duffy** explain, "Diversity is having a seat at the table, inclusion is having a voice – and belonging is having that voice heard." Belonging is the feeling an individual has as a result of the efforts around DEI and is integral to the success of any DEI work!

Let's all commit to a year valuing DEI and belonging - in all the work that we do in addressing the goals of AAUW and in our personal lives!

*Krysta Jones/Meg Tuccillo  
DEI Co-Vice Presidents*



## CU Partners

### It Is All About The Relationship



It is confirmed! **Barbara Woodlee** and **Cyndi Shanahan** met with other college and university (CU) partner leads throughout the country and each one has confirmed that establishing a positive relationship and getting the name of AAUW on college campuses is key to the success of the CU program. One way to do this is to set up a meeting with the Office of Student or University Life.

The branch CU Partner leads met in early October to share ideas across the state about the best

*(Continued on page 5)*

(Continued from page 4)

ways we could best move our efforts forward. We talked about having information about what AAUW can provide to the college or university, and how our policy issues align with the college students, available online. Colleges and universities are now holding in-person clubs and activities, so we recognize the need to get on campus to share the benefits of AAUW.

One benefit we identified is online and facilitator-led Work Smart salary and benefit negotiation seminars. Note that the facilitator-led Work Smart requires registration. There are loads of other great ideas like hosting on-campus voter registration and equal pay day awareness.

Thanks to the contacts of our DEI vice presidents and our state administrator we have been able to work with AAUW National to make contacts within historical Black colleges and universities (HBCUs) in Virginia and beyond to provide them with Work Smart through the annual Coca Cola grant. Many thanks to our leaders.

*Cyndi Shanahan/Barbara Woodlee  
College & University Co-Chairs*

## Introducing Our Virginia Fellows and Grantees

**T**en Virginians have received fellowships and grants from AAUW: four American, three International, one Selected Profession, and two Career Development grants.

The list of the 2022-2023 recipients is below. Some recipients are sponsored by more than one endowment because once an endowment has been created, the principal can never be touched. Awards are dependent on the interest generated and many endowments were created years ago when they needed less money to complete. Today that amount may not generate enough interest, especially because the awards have become larger through the years to keep up with increased tuition and costs.

### American Fellowships:

- Deniece Dortch, George Washington University, Publication, Higher and Postsecondary Education. **Mary Wright Thrasher endowment**
- Kristy Jones, University of California, Ph.D., Cinema, Censorship, Race and Representation, Feminist Film Studies. **Rosalind E Exum endowment**
- May Kearney, American University, Ph.D., Urban Ethnography, Carceral Geography, and Intersectional Place Studies. **Vera Huckle Endowment**
- Sydney Turner, University of Virginia, Ph.D. Environmental Engineering, Water Resources Planning, and Management, Engineering Social Justice. **Gillie Larew**

### endowment and Falls Church Area Branch 50<sup>th</sup> Anniversary.

#### International:

- Marilyn Hajj, University of Virginia, SJD, U.S. Taxation Law. **McLean Area Branch.**
- Paula Njeru, Duke University, MS Global Health, **Adelaide Stegman endowment.**
- Chukwunomso Osakwe, Duke University, MS Health Policy, **Janet McDonald endowment.**

#### Selected Professions Fellowship:

- Samiksha Manjani American University, JD, Public Interest Law. **McLean Area Branch.**

#### Career Development Grant:

- Nafisa Isa, Georgetown University, M.Ed. Learning Design and JEDI (Justice, Equity, Diversity, and Inclusion). **Newport News Branch and Martha Ann Miller Endowment.**
- Un Jeung Jones, Virginia University of Integrative Medicine, MSA, Acupuncture and Oriental Medicine. **McLean Branch, Mclean Area 40<sup>th</sup> Anniversary, and Falls Church Area Branch.**

*Ann Johnson  
AAUW Funds Chair*

**AAUW-VA**  
**All-District Meeting**  
**Saturday, October 22, 2022**  
**10:00 AM – Noon**



Join your AAUW sisters from around the state for an informative and enjoyable program to meet

**AAUW Chief Executive Officer, Gloria Blackwell.**

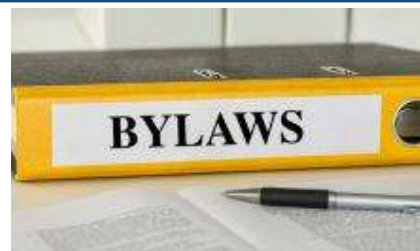
This will be a Zoom event so no need to travel.

Gloria's presentation will be followed by short presentations, and then each of the districts will hold its district meeting in a Zoom breakout room. **Registration is required by October 19, 2022.** [Click Here.](#)

Questions?? Contact: [aauwofvb@cox.net](mailto:aauwofvb@cox.net)

## Bylaws and Resolutions

### Call for Proposed State Bylaws Amendments and Proposed Resolutions



The Bylaws/Resolutions Committee is issuing a call for proposed amendments to the state bylaws and for proposed resolutions to be presented at the **AAUW of Virginia Annual Business Meeting** to be held in March, 2023. These will be voted on under the One Member, One Vote procedure. **Please submit bylaws amendments and resolutions to the Committee Chair by email no later than December 1, 2022**, using the contact information provided on the AAUW-VA webpage: <https://aauw-va.aauw.net/contact-us/>.

**A proposed bylaws amendment** must include a copy of the original section of the bylaws being amended, a marked-up version showing the specific wording of the amendment, and a clean version showing the language as it would be revised. The bylaws amendment proposal must include a statement of the rationale for the amendment. I am available to assist any member not familiar with the mark-up functions of the computer (also called red-lining).


**A proposed resolution** must include the specific wording of the resolution, a statement of the rationale for the proposed resolution, and a proposed plan for the implementation of the resolution.

#### Branch Bylaw Changes and Governance Issues

Branches are required to contact me to discuss any proposed changes to the branch bylaws before approval by the branch board or adoption by branch members so that I have an opportunity to review and provide advice on such changes. I am also available to assist you on other bylaws and governance issues. I can be reached through the above-listed AAUW Virginia webpage.

*Suzanne Rothwell  
Bylaws and Resolutions Chair*

## In Memoriam



Sadly, the **Winchester Branch** announces the death of our longtime member, leader, and dear friend, **Mary Froehlich** on August 21, 2022. Mary had continued to be the heart of the branch the past few years despite dealing with rheumatoid arthritis, covid-19, leukemia, and other health issues.

**Mary Hunter Miller Froehlich** was a member of AAUW for over 50 years, serving in leadership positions on the state and local levels, as well as working over 30 years as a library media specialist with Frederick County (VA) public schools. Most recently, Mary was Northwest District co-representative on the state board and branch co-president. In retirement, she worked at the reference desk of the Bowman Branch of the Handley Regional Library System. She was a life-long member of Grace Evangelical Lutheran Church in Winchester, serving as their volunteer archivist. A true bibliophile, she volunteered with many organizations supporting reading and education. She is survived by her loving family - husband Ed Froehlich, daughter Rebecca Hunter Headings, grandson Hunter Headings, sister Martha Prusch, and many caring friends.

The Winchester Branch is honoring Mary's memory with book donations to the Little Free Libraries, as well as by naming a scholarship to be awarded annually to local students transferring from Laurel Ridge Community College to Shenandoah University.

*Patricia Kadel  
President*

## State Named Honoree Program

In 2020, the Virginia state board created a special honor for those whose actions have had a broad impact on furthering AAUW of Virginia's mission and priorities and who provided exceptional service to the state beyond the branch or local community.

For the second year of presenting this honor, four outstanding recipients were selected as the 2022 State Named Honorees. The names were revealed at the conference in Harrisonburg. **The 2022 State Named Honorees were Nancy Joyner, Caroline Martin, Jane Newell, and Kitty Richardson (in memoriam).**

It is time for nominations for this year's AAUW of Virginia State Named Honorees.

While this award is like what branches do to honor individuals and organizations in their branches and communities, the difference is that the State Named Honoree Award honors those who have made exceptional contributions to furthering AAUW's mission and priorities statewide. AAUW of Virginia will honor members, non-members, branches, or organizations whose outstanding or exceptional actions have had a broad impact in the state, beyond a branch and its community.

The criteria for these nominations are as follows:

- The nominee may be an AAUW of Virginia member or a non-member or organization whose actions have had a statewide impact by providing outstanding service or exceptional contributions to AAUW of Virginia.
- The recipient cannot be a current state board member or a person seeking elective political office.
- Detailed information must be presented with a nomination that substantiates the contribution and service of the nominee.

The nominations deadline is November 15, 2022. Nominations may be submitted online at <https://aauw-va.aauw.net/state-named-honoree-nomination-form/> on the State AAUW website under State Named Honoree. The committee reviews all nominations and may recommend to the state board a nominee for each \$500 contributed to AAUW Funds by AAUW of Virginia. The board will approve the honoree(s) at its January 2023 board meeting.

*Ann Johnson  
AAUW Funds Chair*



### Making a Difference

**W**ant to influence the lives of women and girls long after you are gone? Then consider joining your many AAUW of Virginia friends in the **AAUW Legacy Circle** and make a planned gift to AAUW National. Planned gifts expand AAUW's programs and public policy agenda by providing for future generations. There are a variety of vehicles for planned gifts, including your will, retirement accounts, insurance policies, and bank accounts. **For questions, please email me at [kcmoyer65atgmail.com](mailto:kcmoyer65atgmail.com). Let's make this Circle wider still!**

*Kristin Moyer  
Legacy Circle Liaison*



# Branches in Action

The **Arlington Branch** is looking forward to an exciting fall full of mostly in-person activities. In September, member **Vivian Kallen**, born in Chicago to Greek immigrant parents, gave a talk on her mother's hero Jane Addams and Hull House. October's meeting will be on Zoom and will focus on an Arlington County community housing issue, The Missing Middle. Members are planning a field trip to The Women's Military Memorial at Arlington National Cemetery in November. Fall plans will finish with a holiday luncheon at a favorite local restaurant combined with a local bookstore presentation on terrific books to give to family and friends for the holiday. The branch is also planning a theater trip in October in addition to the monthly book discussions and Lunch Bunch activities with high school girls at one of our high schools.

*Terry Bratt  
Co-President*

The **Fairfax City Branch** held its annual meeting and social gathering in person in June at the home of the branch president. It was a pleasure to visit with each other for the first time in a year! In October, the branch will have a luncheon at a member's home followed by an outing to the Aldie Mill Historic Park.

The robust literature group is moving its meetings from the evening to daytime and meeting in person unless the weather is inclement or other conditions favor meeting by Zoom again. The branch continues to publicize other branches' events so that members can attend their public meetings in person or on Zoom.

*Dottie Joslin  
Treasurer*

The **Falls Church Branch** will be resuming in-person programs and continuing its postcard writing project to get out the vote.

Attorney and author **Kathy Kleiman** headlined the September program. She discussed "Proving Ground," her book about women pioneers in computer science during World War II. In October, the branch will enjoy a walking tour and lecture on historic Tinner Hill. History Professor **Jennifer Ritterhouse** will speak in November about women's suffrage and activism along with her current research on the Southern Women's Rights Project.

Partnering with ROV, the branch has worked on 17 initiatives to write get-out-the-vote postcards aimed at minority voters in the South. Members and friends have written

more than 16,000 postcards! Members have written postcards for primaries in Texas, Alabama, and Florida, and the Virginia election. The branch will host its third postcard writing party in October for Georgia. All programs are open to the public.

*Aida Loomis  
Co-President*

During the 2022 March state conference, **Hampton Branch** members were introduced to "The Restorative Justice Program at the Gemeinschaft Home" by **Dr. Elisabeth Gunnior**, board member, and Case Manager **Michelle Roberts**. The home had recently opened in Harrisonburg to provide quality shelter, food, counseling, and job coaching, and to serve as a model for daily living and responsible decisions for formerly incarcerated women. The presentation focused on the special needs of women in the program.

In August, two members of the branch delivered donations of clothes and toiletries to the residents. The residents and case manager on duty for the weekend were extremely helpful in unloading the boxes and bags from the car into the home. Donations were also packed in several pieces of luggage for residents to keep. They were thrilled to know the luggage was staying with them!



Pictured are VP Membership **Laura Browning Greenfield**, VP Programs **Carolyn Stewart**, and **Megan Burrus**, the weekend case manager. They took the opportunity for photos before heading back to Hampton!

**Michelle Roberts**, a presenter at the conference, called on Monday morning to thank the branch for such generous donations!

*Laura Browning Greenfield  
VP Membership*

# Branches in Action

The **McLean Area Branch** is focusing this year on A Call to Action. Members will be investigating how to increase the branch's impact on the issues and barriers affecting girls and women in the classroom and workplace. Members will be identifying organizations to collaborate with and organizations to which members can offer time, energy, and money to help level the playing field for girls and women. The branch will also be planning a new signature fundraising event to support its philanthropic activities.

*Sue Christie  
Co-President*

**Mt. Vernon Branch** had a well-attended planning meeting in June where members determined branch program topics for the year. The branch democratically chooses its program topics with input from members, striving to develop programs that most interest them, thus ensuring attendance when each program is presented. This is the process: all year, branch members collect topics about the AAUW mission; they submit their ideas to the branch president and program vice president. Rooted in local and state current events, and activities attended by members and by other branches, these ideas form a list that members discuss and vote on at a planning meeting in late spring. Members also determine the date for each program and ask for volunteers to be the point of contact (POC) for a topic. The branch program VP determines whether a meeting will be by Zoom or in-person and coordinates with the POCs. The branch liaison with the local library posts and advertises the program as well as booking the room or organizing the Zoom link. This year, topics range from voter suppression/election subversion to public education and Alexandria's Lynching Remembrance Project. The branch will also hear from an AAUW Fellow and a local author. Members are looking forward to a wonderful year!

*Solveig Eggerz  
Program Vice President*

The **Norfolk Branch** plans to continue Zoom meetings for the near future as of the September 13 planning meeting. The board plans to have some meetings such as the Holiday Tea in person in the afternoons as has been done previously but continue night meetings on Zoom. Members also look forward to building the book group and attending other local and state meetings on Zoom as well.

*Wilma S. Robinson  
President*

**Northern District** branches have been getting out the vote (GOTV) for the November 8 election, writing postcards for ROV, and supporting voter registration efforts organized by the League of Women Voters (LWV) of Arlington and Alexandria City and the LWV of Fairfax Area. On National Voter Registration Day, September 20, the Fairfax League registered voters at every public library in Fairfax County and AAUW members helped. AAUW-VA co-sponsored a League-hosted virtual Meet and Greet on October 2, with candidates for the Arlington County Board and School Board, as well as a candidate forum for the 8<sup>th</sup> Congressional District on October 13. The districts planned the October 22 all-district meeting, featuring AAUW CEO **Gloria Blackwell**. There still may be time to register for this event before the October 19 registration deadline. See page 6 for more information and the registration link. Also, mark Saturday, February 25, 2023, on your calendars for the next Northern District meeting.

*Susan Burk/Leslie Tourigny  
Northern District Co-Representatives*

**Portsmouth Branch** extends condolences to the family and friends of branch member, **Susan Berger**. Members will miss her presence and insights at meetings and activities. The branch welcomes members of the **Suffolk Branch** who will be transferring. Members are excited about getting back into action beginning with a busy September. Members are writing postcards as part of the ROV project. The branch meeting schedule began with a social at a member's house along with a brief business meeting. The November meeting will feature a guest speaker who will discuss student loan debt. The book group continues to meet monthly.

*Phyllis Shannon  
President*

Over the summer, the **Smith Mountain Branch** was busy planning, working on mini-projects, and enjoying field trips in the area.

In July, members attended the first In Our Own Backyard field trip – finally inaugurating the 2019 initiative scuttled by covid. A group visited the Bedford Boys Tribute Center for a docent-led tour of pictures and artifacts. Bedford lost 20 sons in the D-Day Invasion, more (per capita) than any other community in America.

In August, 21 members visited Roanoke's Science Museum of Western Virginia for a private tour of the facility and exhibits, including the popular Parakeet Garden. Members learned about educational opportunities the

# Branches in Action

museum provides to children (K-12) in the City of Roanoke and County. STEM concepts are taught using packaged activities synchronized with current Virginia Standards of Learning (SOL) requirements.

At each branch meeting, the community outreach committee collects specific items for two local family shelters, assisting parents and children suddenly displaced from their homes. September's school supply collection was followed by other critical items at future meetings. Other planned projects include donating a third book to local elementary schools and libraries and assisting high school senior girls hoping to study in STEM fields with college applications.

The fundraising committee is busy planning the branch's annual fundraiser – a silent auction/fashion show/ luncheon on November 16. The theme is Denim & Diamonds. Plans are underway to make this the biggest fundraiser yet!

Meanwhile, 10 members wrote 420 postcards to support the ROV campaign organized by AAUW-Virginia.

*Ann Johnson/Margee Kauffman  
Newsletter Co-Chairs*

The **Southwest District** branches are moving forward with gaining new members and planning some great programs!

For the first time, district branches will be joining other Virginia districts for an all-district meeting with AAUW CEO **Gloria Blackwell**! Following Blackwell's presentation, the district will be focusing on the four southwest branches to connect and re-energize.

Roanoke Valley has begun a monthly program exploring DEI and engaging with local community non-profits.

Wytheville will be sponsoring a financial seminar for women that will be open to the community.

Smith Mountain will be enjoying a live program with Virginia's new state president, Lane Stone, in early December.

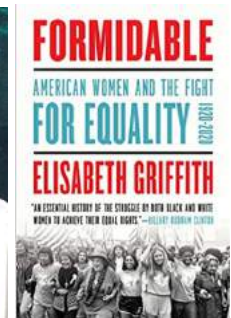
Lynchburg has been able to fill its leadership positions and is planning an active program schedule.

*Anita Aymer  
Southwest District Representative*

The **Springfield-Annandale Branch** is happy to announce that it has once again achieved Five-Star status. Program Co-Vice Presidents **Ann Sauberman** and **Irene McGhee** and the board worked diligently to support this initiative.

The branch launched its 2022-23 season Saturday, September 17, at the Pohick Regional Library.

Members were excited to host author, **Elisabeth Griffith**, talking about her new book, "Formidable." (See <https://www.nytimes.com/2022/08/02/books/review/formidable-elisabeth-griffith.html> for a review of her book!) The program also included a question-answer session along with book sales and signing.



The branch is delighted to have two new co-vice presidents for membership, **Deborah Dodd** and **Debbie Gilligan**. Under their leadership, members hope to maintain and enlarge the branch. 2022-2023 is off to a great start!

*Cathie Boivin  
Co-President*

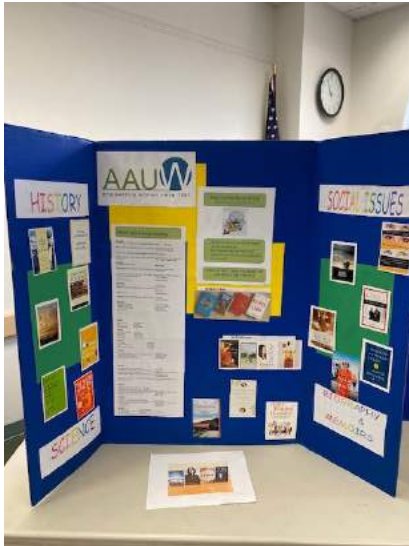
The **Vienna Area Branch** held its first event on September 10, which was the annual Open House at the Patrick Henry Library in Vienna. This year, many branch members attended, four new members were recruited, and two previous members rejoined. Branch membership now totals 53.



Nadine James, AAUW Funds Chair,  
and Leslie Manning, Branch Public Policy Chair

# Branches in Action

Thanks to everyone for their help in setting up this event, especially Membership Co-Chairs **Jean Feeney** and **Gail Rosner**. Finance Officer **Kathy Corrigan** took charge of collecting money and signing up new members.



Each of the branch interest groups prepared a poster to highlight what they're doing during the 2022-2023 year. New attendees commented on what an active branch we are.

*Susan Pauly/Candace Strawn  
Co-Presidents*

Summer was a short pause before a busy fall. The **Virginia Beach Branch** gained five new members since the spring, all of whom will bring new energy to our branch.

Members have been busy planning a full schedule of activities. Voter registration is a continuing activity for the branch. The branch has already arranged five voter registration tables, four at local colleges, and arranged to co-host, with the Virginia Beach NAACP, a Zoom candidate forum featuring city council and school board candidates. Members agreed to participate in the ROV by mailing 100 postcards.

The branch also collaborated with a Virginia Wesleyan University center to create a two-part series on reproductive freedom this fall.

*Sally Daniel  
President*

In July, **Wytheville Branch** members organized an outing to Abingdon to see the delightful matinee "9 to 5"

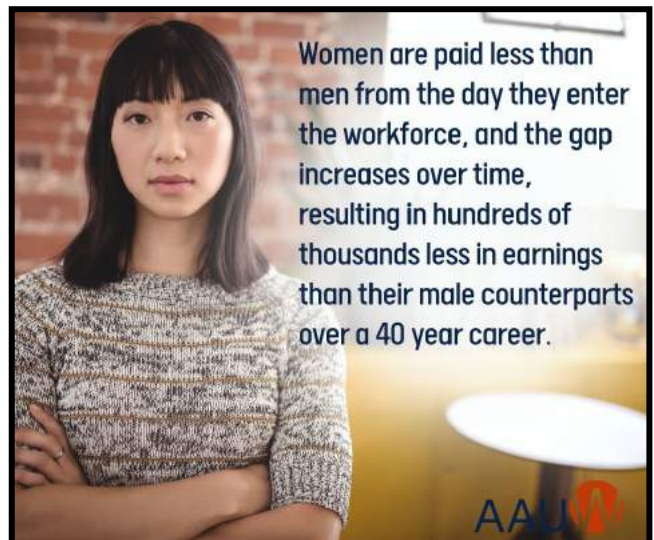
at the Barter Theater and had dinner at the historic Tavern Restaurant.



Enjoying a day in Abingdon with dinner and a show. Left to right: Julie Kause, Nancy Wills, Anita Aymer, Alma Watson, AnnaRay Roberts & Dotty Alexander

The branch launched the 2022-23 year with a Meet & Greet at a pottery shop owned by the newest member, **Laura Abbey**. It was a big win-win, bringing us nine new members! All were welcomed at our annual membership dinner on September 27. We are putting the final changes on a workshop to be held on October 25, on financial planning for women. It will be presented by a local female financial advisor and will be open to the community.

*Alma L Watson  
President*



# AAUW Board of Directors and Committee Chairs 2022-2023

## President

Lane Stone

## Administrator

Sarita Gregory

## Vice President for Program

Nadine James

## Vice President for Membership

Cheryl Spohnholtz

## Vice President for Finance

Marsha Melkonian

## Co-Vice Presidents for Public Policy

Janine Greenwood

Denise Murden

## Vice President for Communications

Dianne Mero

## Recording Secretary

Sherry Warren

## AAUW Funds Chair

Ann Johnson

## College/University Co-Chairs

Cyndi Shanahan

Barbara Woodlee

## Co-Vice Presidents for Diversity, Equity and Inclusion

Krysta Jones

Meg Tuccillo

## Bylaws/Resolution Chair

Suzanne Rothwell

## Historian

Kathy Batkin

## DISTRICT REPRESENTATIVES (Nominating Committee)

### Northern District

Susan Burk

Leslie Tourigny

### Northwestern District

Laura Wimmer

### Southeast District

Tammie Mullins-Rice

### Southwest District

Anita Aymer

## NON-BOARD POSITIONS

### Virginia *Vision* Copy Editor

Mary Anne Graham

### Virginia *Vision* Layout Editor

Bianca Daugherty

### Web Manager

Patsy Quick

### Facebook Manager

Cheryl Spohnholtz

### Voting and Elections Chair

Sandy Lawrence



OF VIRGINIA



# 2022-2023 AAUW of Virginia Branch Presidents/Administrators

## Alexandria

Sylvia Linke  
Diane Schrier

## Arlington

Theresa Bratt  
Karen Darner

## Fairfax City

Dianne Blais

## Falls Church Area

Aida Loomis  
Sharon Zackula

## Greater Manassas

Hannah Senft

## Greater Richmond

Laura Wimmer

## Hampton

Joan Jenkins

## Harrisonburg

Laura Zarrugh

## Lynchburg

Bonnie Benedict  
Sharon Hovda

## McLean Area

Anita Booth  
Sue Christie

## Mt. Vernon

Patsy Quick

## Newport News

Marilyn Riddle

## Norfolk

Wilma Robinson

## Portsmouth

Phyllis Shannon

## Reston-Herndon

Judy Helmich  
Cyndi Shanahan

## Roanoke Valley

Peggy Shifflett  
Cacky Wright

## Smith Mountain

Betsy DeWeese

## Springfield-Annandale

Cathleen Boivin  
Nancy Miller

## Suffolk

Denise Murden

## Vienna Area

Susan Pauly  
Candace Strawn

## Virginia Beach

Sally Daniel  
Barbara Woodlee

## Winchester

Patricia Kadel

## Woodbridge

Irene Cromer  
Colleen Hauser

## Wytheville

Alma Watson



## How to Contact Branch Leaders

- Visit individual branch websites
- Branch websites are all different and contact information may be found in several places:
  - ◆ On the Menu Bar: “Contact Us” or “About Us”
  - ◆ On the Side Bar
  - ◆ At the bottom of the home page
- To reach branch websites directly from the state website:

<https://aauw-va.aauw.net/branches/>

## How to Contact State Leaders

- At the state website <https://aauw-va.aauw.net/>, click on “Contact Us.”
- Instead of going to the website, use this email address: [AAUWVAcontactus@gmail.com](mailto:AAUWVAcontactus@gmail.com). Identify the board member you want to contact. You will receive a response quickly.



# AAUW-VA Calendar

## July 1, 2022–June 30, 2023

### Text Colors

Black – National Awareness

Green – AAUW of VA Events/Virginia Awareness

Red – AAUW of VA Administrative Deadlines

Blue – National AAUW Administrative Deadlines

Month/Date	Event – Deadline	Attendees	Points of Contact
October 15	Last deadline to file IRS Form 990-N in Community Hub		State and Branch Finance Vice Presidents
October 15	Vision distributed	AAUW-VA Members	Communications Vice President
October 17	Deadline to register/update address to vote in November General Election by regular ballot. Voters may register in person at the local registrar's office or polling place 10/13-11/8 to vote with a provisional ballot.	AAUW-VA Members	Public Policy Co-Vice Presidents
October 22	All District Meeting 10 a.m. – 12 p.m. by Zoom	All Members/ All Districts	All District Reps- Aymer, Mullins-Rice, Tourigny/Burk, and Wimmer
October 28	Deadline to apply to vote absentee by mail in November General Election		Public Policy Co-Vice Presidents
October 29	Nominating Committee Preliminary Report required for November Board meeting		Nominating Committee Chair
November 5	Deadline to request a replacement absentee ballot or vote in person is 5 p.m.		Public Policy Co-Vice Presidents
November 7	Deadline to request an emergency absentee ballot.		Public Policy Co-Vice Presidents
November 8	GENERAL ELECTION – VOTE! Deadline to vote in person is 7 p.m.. nonregistered voters may register and submit a provisional ballot. Voting absentee by mail requires a ballot to be postmarked on or before November 8, which must be received by the local registrar by 12 p.m.on November 11.		Public Policy Co-Vice Presidents
November 12	State Board Reports due. Branch Liaison reports are required.	State Board Members	President/Administrator
November 15	Deadline for receipt of nominees for State Named Honorees	AAUW-VA Members	AAUW Funds Chair
November 19	State Board Meeting via Zoom, 10 a.m.	State Board Members	President/Administrator
November 30	Native Women's Equal Pay Day		Public Policy Co-Vice Presidents

Month/Date	Event - Deadline	Attendees	Points of Contact
December 1	Deadline for receipt of proposed bylaws amendments and resolutions to Bylaws/Resolution Chair. Deadline for receipt of nominations for the state board.	AAUW-VA Members	Bylaws/ Resolution Chair Nominating Committee
December 8	Latina Women's Equal Pay Day		Public Policy Co-Vice Presidents
December 31	Deadline for receipt at national AAUW of branch AAUW Funds contributions by credit card. Checks must be submitted by December 15.	AAUW-VA Members	State and Branch AAUW Funds Chairs
January 1, 2023	Deadline to submit nominations and bylaws/ resolutions to the Voting and Elections Chair	Nominating Committee Bylaws/Resolution Chair	Voting and Elections Chair
January 2	State Board reports due, including State AAUW Funds Named Honorees Report	State Board Members	President/ Administrator
January 5	Statewide Public Policy Pre-General Assembly Session Zoom Meeting 5:00 p.m. – 6:00 p.m.	AAUW-VA Members	Public Policy Co-Vice Presidents
January 9	State Board Virtual Meeting 6:30 p.m. - 7:30 p.m.	State Board Members	President/ Administrator
January 9	State Board approves State Named Honorees 6:30 p.m.	State Board Members	AAUW Funds Chair
January 11	VA General Assembly convenes		Public Policy Co-Vice Presidents
January 15	Deadline for Vision articles, including Bylaws/ Resolutions Report, Nominating Committee Report, and Voter Guide (including a request that members verify email in Hub by March 30)	State Board Members Branches	Vision Copy Editor
January 18	Women Legislators Reception - Richmond	AAUW-VA Members	Public Policy Co-Vice Presidents Greater Richmond Branch
January 19	State Lobby Day – Richmond	AAUW-VA Members	Public Policy Co-Vice Presidents
February TBD	State Lobby Day #2 – Richmond, Tentative adjournment date is February 11.	AAUW-VA Members	Public Policy Co-Vice Presidents
February TBD	Deadline for receipt of Branch Named Honorees	Branches	AAUW Funds Chair
February TBD	Deadline for Conference Program book: State Board reports, Branch reports, State Voter Guide, and ads	State Board Members Branches	Conference Local Arrangements Committee Program Book Editors
February 15	Vision distributed	AAUW-VA Members	Communications VP
February 15	Additional nominees for state officers can be submitted until March 15 (for 30 days after Vision is distributed)	AAUW-VA Members	Nominating Committee



Month/Date	Event - Deadline	Attendees	Points of Contact
February 25	Southeast District Mtg Northern District Mtg		Southeast District Representative, Northern District Representatives
March 8	International Women's Day		Public Policy Co-Vice Presidents
March 15	Deadline for additional nominees for state officers	AAUW-VA Members	Nominating Committee
March 15	All Women's Equal Pay Day		Public Policy Co-Vice Presidents
March 17	State Board Meeting, Williamsburg, VA, time TBD	State Board Members	President/Administrator
March 18	AAUW-VA Conference, Williamsburg, VA	AAUW-VA Members	Program Vice President, Southeast District Representative, Conference Local Arrangements Committee
March TBD	AAUW-VA Conference Part 2: Annual Business Meeting (Virtual)	AAUW-VA Members	President/ Administrator
March 30	Statewide Public Policy Post-General Assembly Session Zoom Meeting 5:00 p.m. – 6:00 p.m.	AAUW-VA Members	Public Policy Co-Vice Presidents
March 30	Deadline for members to verify that the email address in Community Hub is correct	AAUW-VA Members	Voting and Elections Chair
April 15	Members as of this date are eligible to vote in the AAUW-VA election	AAUW-VA Members	Voting and Elections Chair
April 15 (approx.)	AAUW webpage opens to submit state/branch IRS Form 990N in Hub		State and Branch Finance Vice Presidents
May 3	Asian-American Women's Equal Pay Day		Public Policy Co-Vice Presidents
May 6	AAUW-VA election voting begins - email ballots to members	AAUW-VA Members	Voting & Elections Chair
May 15	Deadline for Vision articles	State Board Members Branches	Vision Copy Editor
May 29	AAUW-VA election voting ends at 11:45 p.m.	AAUW-VA Members	Voting & Elections Chair
June 1	AAUW-VA voting results reported to Recording Secretary. Voting results reported to Board.		Voting & Elections Chair Recording Secretary
June 1	Remind current Branch Presidents to enter 2023-2024 Branch officers in Hub before July 1	2022-2023 Branch Presidents	President/Administrator
June 15	Vision distributed	AAUW-VA Members	Communications VP
June 15	LGBTQIA+ Equal Pay Awareness Day		Public Policy Co-Vice Presidents
June 23	Mini-grant projects to be completed		Public Policy Co-Vice Presidents
June 30	Last date for current Branch Presidents to enter 2023-2024 Branch officers in Hub	2022-2023 Branch Presidents	President/Administrator

**MARK YOUR CALENDARS!**

**AAUW OF VIRGINIA  
2023 CONFERENCE**

**Save the  
Date!!**

**MARCH 18, 2023**

**SOUTHEAST DISTRICT  
INVITES YOU TO JOIN US  
IN WILLIAMSBURG**

**More Details to Follow....**



**Vision** (ISSN 0897-2257) is published three times a year by the American Association of University Women of Virginia.

All mailing lists are prepared at AAUW headquarters. Please send changes or corrections directly to:

AAUW Records Office  
1310 L St. NW, Suite 1000  
Washington, DC 20005  
connect@aauw.org

## CONTACTS

### AAUW National Office:

- 1310 L St. NW, Suite 1000  
Washington, DC 20005
- [www.aauw.org](http://www.aauw.org)
- [connect@aauw.org](mailto:connect@aauw.org)
- 800/326-AAUW (2289)  
10:00 a.m. to 5:00 p.m.
- 202/785-7700  
8:30 a.m. to 5:00 p.m.
- Fax: 202/872-1425
- TDD: 202/785-7777

### AAUW of Virginia:

- [aauw-va.aauw.net](http://aauw-va.aauw.net)

### Virginia General Assembly:

- [viriniageneralassembly.gov](http://viriniageneralassembly.gov)



# THE AAUW PROGRAM

## SIX VIRGINIA BRANCHES AWARDED STARS!

A five-star salute and congratulations to our six Virginia branches for being awarded stars in the 2021-2022 AAUW Five-Star National Recognition Program.

- \* **FIVE STARS – McLean Area, Reston-Herndon Area, Springfield-Annandale, and Virginia Beach.**
- \* **FOUR STARS - Alexandria and Woodbridge.**

The FY2022 program has closed. It has been good to see our state and branches recognized at the national level in the FY2021 and FY2022 Five Star Recognition Programs.

*Suzanne Rothwell  
Bylaws and Resolutions Chair*