



## **Ice Breaker Ideas**

### **Based Upon Diversity and Inclusion Concepts**

Attached you will find the link to activities for icebreakers, to trigger discussion, provide insight, and create awareness, at branch meetings or other gatherings.

<https://studentlife.mit.edu/sites/default/files/Diversity-based%20Teambuilders%20and%20Icebreakers%20from%20Stonehill%20College.pdf> - Diversity activities. Each activity includes: purpose, time, materials, introduction, instructions on activity and debriefing discussion. Where appropriate copy ready materials are provided.

[https://www.uh.edu/cdi/diversity\\_education/resources/activities/pdf/diversity-activities-for-youth-and-adults.pdf](https://www.uh.edu/cdi/diversity_education/resources/activities/pdf/diversity-activities-for-youth-and-adults.pdf) - Diversity Activities. For each activity includes goals, timeline, materials, discussion and copy ready activity when appropriate.

<http://www.nwlink.com/~donclark/leader/diverse2.html> – Ice Breakers that include goal, instruction and discussion. Activities are well outlined.

<http://www.edchange.org/multicultural/activityarch.html> - Cultural Awareness Activities that include Objective, Description and Facilitator Notes

[https://www.uh.edu/cdi/diversity\\_education/resources/activities/pdf/diversity%20activities-resource-guide.pdf](https://www.uh.edu/cdi/diversity_education/resources/activities/pdf/diversity%20activities-resource-guide.pdf) - comprehensive guide that covers topics of Ice Breakers, Self Awareness Activities, Stereotyping and Community Implementation Activities. Note: The video noted on page 48 can be found at this link <https://www.youtube.com/watch?v=YWyI77Yh1Gg>